

Food

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Jméno autora	Mgr. et Mgr. Jitka Pultarová
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Food

Fill into the gaps: wine, beer, specialities, Czech, eating habits

1) _____ are different in every country in the world and there is always a dish, which is typical for that country. 2) _____ like to eat much meat, especially pork (their favourite meal is roast pork, sauerkraut, dumplings) and sweets with whipped cream. Their 3) _____ are fillet of beef in cream sauce, smoked meat, sauerkraut, dumplings, fried fillet of pork. They love to drink 4) _____ but in Moravia and Slovakia they prefer 5) _____. Their breakfasts are poor: only cup of tea or coffee, buttered bread or rolls. Their principal meal is dinner. It can be either warm or cold.

Fill into the gaps: is getting worse, zero, feels full, children, at Christmas, globalization, dinner, substantial, six, very quickly, put on

In different parts of Britain people have different eating habits. They have 6) _____ meals a day: breakfast, elevenses, lunch, tea, dinner and later supper. English breakfasts are very 7) _____: bacon and eggs, ham and eggs, toasts with butter, orange juice, coffee or tea.

Lunch is a light meal – some fish or meat. 8) _____ is the principal meal of the day. It is taken in the evening and consists of some meat, vegetables and sweet. The English like to drink tea with milk. 9) _____, they eat stuffed turkey and Christmas pudding. They like to eat fish and chips, poultry but do not know how to prepare vegetables.

The eating habits also change with 10) _____. McDonald's hamburgers are eaten these days in most of the developed countries and they are very popular among 11) _____. At present people often eat a lot of junk food. You can eat this kind of food 12) _____, your stomach 13) _____, but the nutritious value is often 14) _____. You 15) _____ kilograms, but your health 16) _____.

Fill into the gaps: ice-cream, raw, whipped cream, ingredients, animal, Italian, meat, cuisine, pork, books.

If you ask adults in our country what kind of 17) _____ is their favourite you will find out the 18) _____ food is very popular.

Another thing is making people eat things they do not like or are not used to. We have to respect that Muslim or Jews do not eat 19) _____. Vegetarians don't eat 20) _____ and vegans any 21) _____ products including eggs or milk products.

You can find many 22) _____ dealing with food nutrition. They are very popular because people generally like food and eating. Bookshops are full of various cookbooks with recipes – that you can try, although sometimes it is difficult to buy some of the exotic 23) _____.

How can we prepare food? There are kinds of food like fruits and vegetables that we can eat 24) _____. It is very simple to prepare and most of them are very good for our health. We cannot eat raw meat. We have to boil it or roast it, sometimes we fry meat in oil in a frying pan or grill it.

In our country soup is popular as a starter and steak or chicken with potatoes and salad as a main course. We often have chocolate cake with 25) _____ for dessert. In summer people prefer 26) _____ or fruit salad or a piece of fruit.

Fill the gaps:

I prefer.....

I like.....

My favourite food is.....

Questions:

1. Do you like eating out in a restaurant?

We usually go to a restaurant when.....

I enjoy eating in a restaurant because (the environment is special/the food tastes better).

I prefer eating at home because it is cheaper/there isn't the noise.

2. What do you usually have for breakfast, lunch and dinner?
3. Do you like cooking or helping to prepare the meals in your home?
(I am learning how to cook, I do not like cooking because...)
4. What are some examples of junk food?
5. What do you think about a vegetarian diet?

Řešení:

1. eating habits, 2. Czech, 3. specialities, 4. beer, 5. wine, 6. six, 7. substantial, 8. dinner, 9. at Christmas, 10. globalization, 11. children, 12. very quickly, 13. feels full, 14. zero, 15. put on, 16. is getting worse, 17. cuisine, 18. Italian, 19. pork, 20. meat, 21. animal, 22. books, 23. ingredients, 24. raw, 25. whipped cream, 26. ice-cream.

Použité zdroje:

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